

Joseph A. Mikels  
CURRICULUM VITAE

**PERSONAL INFORMATION**

---

**Full Name:** Joseph Anthony Mikels  
**Citizenship:** USA  
**Business Addresses:** Department of Psychology  
DePaul University  
2219 N. Kenmore Ave.  
Chicago, IL 60614  
**Business Number:** 773/325.8769  
**Business Fax:** 773/325.7888  
**E-mail addresses:** jmikels@depaul.edu  
**URL:** <http://csh.depaul.edu/departments/psychology/faculty-and-staff/Pages/mikels-joseph.aspx>

**EDUCATION**

---

University of Michigan	Ph.D.	Psychology	2003
	M.S.	Psychology	2000
Illinois Wesleyan University	B.A.	Psychology and German Summa cum laude	1998

**ACADEMIC APPOINTMENTS**

---

DePaul University	Associate professor	Psychology	2013 – present
	Assistant professor	Psychology	2010 – 2013
Cornell University	Assistant professor	Human Development	2006 – 2010 <i>on leave 2010 – 2011</i>
Stanford University	Postdoctoral fellow	Psychology	2003 – 2006

## GRANTS AND CONTRACTS

---

National Science Foundation [NSF], SES-1139554 PI on Grant, "Affective and Deliberative Processes in Decision Making Across the Adult Life Span" (\$387,151)	2010-present
National Science Foundation [NSF], SES-1153233 PI on Grant, "Research Experiences for Undergraduates" (\$18,000)	2011-present
National Science Foundation [NSF], BCS-1338112 PI on Grant, "Acquisition of a Neurophysiology Laboratory for a Research and Training Initiative in Affective, Social, and Cognitive Neuroscience" (\$394,312)	2013-present
National Institute of Aging [NIA], R01 AG043533-01 PI on R01 Grant, "Emotion, Aging, and Decision Making"	Pending
National Science Foundation [NSF], SES- 1424814 PI on Grant, "The Role of Emotion in Decisions Involving Risk Across the Adult Life Span"	Pending
National Institute of Mental Health [NIMH], NIH/NIMH-1R21MH086801 Consultant on R21 Grant, "Identifying Specific Motivational Deficits in Schizophrenia"	2011-2013
DePaul Doctoral Undergraduate Opportunities for Scholarship [DUOS] Faculty Mentor (\$1,500)	2011
Cornell Population Program [CPP] PI on Seed Grant (\$10,000)	2009-2010
Cornell Institute for Translational Research on Aging [CITRA] PI on Pilot Study Grant (\$8,000)	2009
RAND/Hartford New York City Interdisciplinary Geriatric Research Center PI on Pilot Study Grant (\$5,000)	2008
Cornell Institute for Translational Research on Aging [CITRA] PI on Pilot Study Grant (\$5,000)	2008
Cornell College of Human Ecology PI on Multi-department Research Award (\$50,000)	2007-2010
Cornell Bronfenbrenner Life Course Center PI on Innovative Research Award (\$7,500)	2007-2008
Cornell Institute for Translational Research on Aging [CITRA] PI on Pilot Study Grant (\$3,000)	2007
Center for Advancing Decision Making in Aging [CADMA] PI on Seed Grant from NIH/NIA AG 24957 01 (\$40,000)	2005-2006
Ruth L. Kirschstein National Research Service Award NIH/NIA F32 AG 022264 02	2003-2006
University of Michigan, Rackham Graduate School Dissertation Grant (\$800)	2002

## PUBLICATIONS

---

(\* indicates mentored student co-author)

Mikels, J. A., \*Reed, A. E., \*Hardy, L. N., & Loeckenhoff, C. E. (2014). Positive emotions across the adult life span. In M. M. Tugade, M. N. Shiota, & L. D. Kirby (Eds.), *Handbook of Positive Emotions* (pp. 256-272). New York: Guilford Press.

\*Reed, A. E., Chan, L., & Mikels, J. A. (2014). Meta-analysis of the age-related positivity effect: Age differences in preferences for positive over negative information. *Psychology and Aging, 29*(1), 1-15. doi:10.1037/a0035194

Stark, D. P., Choplin, J. M., Mikels, J. A., & \*McDonnell, A. S. (2014). Complex decision-making and cognitive aging call for enhanced protection of seniors contemplating reverse mortgages. *Arizona State Law Journal, 46*(1), 300-364.

Mikels, J. A., Shuster, M. M., & Thai, S. T. (in press). Aging, emotion, & decision making. In T. Hess, C. Loeckenhoff, & J. Strough (Eds.), *Aging & Decision Making: Empirical & Applied Perspectives*. Elsevier/Academic Press.

Mikels, J. A., \*Cheung, E., \*Cone, J., & Gilovich, T. (2013). The dark side of intuition: Aging and increases in nonoptimal intuitive decisions. *Emotion, 13*(2), 189-195. doi:10.1037/a0030441

Gruber, J., \*Purcell, A. L., \*Perna, M. J., & Mikels, J. A. (2013). Letting go of the bad: Deficit in maintaining negative, but not positive, emotion in bipolar disorder. *Emotion, 13*(1), 168-175. doi:10.1037/a0029381

\*Reed, A. E., Mikels, J. A., & Loeckenhoff, C. E. (2013). Preferences for choice across adulthood: Age trajectories and potential mechanisms. *Psychology and Aging, 28*(3), 625-632. doi:10.1037/a0031399

Mikels, J. A., & Reuter-Lorenz, P. A. (2013). Emotion and working memory. In H. Pashler (Ed.), *Encyclopedia of the Mind*.

Choplin, J. M., Stark, D. P., & Mikels, J. A. (2013). Cognitive barriers to rational home loan decision making: Implications for mortgage counseling. In A. Di Fabio (Ed.), *Psychology of Counseling* (pp. 299-331). Hauppauge, NY: Nova Biomedical Books.

\*Reed, A. E., Mikels, J. A., & Loeckenhoff, C. E. (2012). Choosing with confidence: Self-efficacy and preferences for choice. *Judgment and Decision Making, 7*(2), 173-180.

\*Broome, R., Gard, D. E., & Mikels, J. A. (2012). Test-retest reliability of an emotion maintenance task. *Cognition & Emotion, 26*(4), 737-747. doi:10.1080/02699931.2011.613916

Mikels, J. A., \*Maglio, S. J., \*Reed, A. E., & \*Kaplowitz, L. J. (2011). Should I go with my gut? Investigating the benefits of emotion-focused decision making. *Emotion, 11*(4), 743-753. doi:10.1037/a0023986

\*Cheung, E. O. & Mikels, J. A. (2011). I'm feeling lucky: The relationship between affect and risk-seeking in the framing effect. *Emotion, 11*(4), 852-859. doi: 10.1037/a0022854

- Gard, D. E., Cooper, S., Fisher, M., Genevsky, A., Mikels, J. A., & Vinogradov, S. (2011). Evidence for an emotion maintenance deficit in schizophrenia. *Psychiatry Research*, *187*, 24-29. doi: 10.1016/j.psychres.2010.12.018
- Mikels, J. A., Loeckenhoff, C. E., \*Maglio, S. J., Goldstein, M. K., Garber, A., & Carstensen, L. L. (2010). Following your heart or your head: Focusing on emotions versus information differentially influences the decisions of younger and older adults. *Journal of Experimental Psychology: Applied*, *16*(1), 87-95. doi: 10.1037/a0018500
- \*Shamaskin, A. M., Mikels, J. A., & \*Reed, A. E. (2010). Getting the message across: Age differences in the positive and negative framing of healthcare messages. *Psychology and Aging*, *25*(3), 746-751. doi: 10.1037/a0018431
- \*Sullivan, S., Mikels, J. A., & Carstensen, L. L. (2010). You never lose the ages you've been: Affective perspective taking in older adults. *Psychology and Aging* *25*(1), 229-234. doi: 10.1037/a0018383; 10.1037/a0018383.supp
- Mikels, J. A., & \*Reed, A. E. (2009). Monetary losses do not loom large in later life: Age differences in the framing effect. *Journal of Gerontology: Psychological Sciences*, *64B*(4), 457-460. doi: 10.1093/geronb/gbp043
- Mikels, J. A., \*Reed, A. E., & Simon, K. I. (2009). Older adults place lower value on choice relative to young adults. *Journal of Gerontology: Psychological Sciences*, *64B*(4), 443-446. doi: 10.1093/geronb/gbp021
- \*Samanez-Larkin, G. R., \*Robertson, E. R., Mikels, J. A., Carstensen, L. L., Gotlib, I. H. (2009). Selective attention to emotion in the aging brain. *Psychology and Aging*, *24*(3), 519-529. doi: 10.1037/a0016952
- Cohn, M. A., Fredrickson, B. L., Brown, S. L., Mikels, J. A., & Conway, A. (2009). Happiness unpacked: Positive emotions increase life satisfaction by building resilience. *Emotion*, *9*(3), 361-368. doi: 10.1037/a0015952
- Mikels, J. A., Reuter-Lorenz, P. A., \*Beyer, J. A., & Fredrickson, B. L. (2008). Emotion and working memory: Evidence for domain-specific processes for affective maintenance. *Emotion*, *8*(2), 256-266. doi: 10.1037/1528-3542.8.2.256
- \*Reed, A. E., Mikels, J. A., & Simon, K. I. (2008). Older adults prefer less choice than younger adults. *Psychology and Aging*, *23*(3), 671-675. doi: 10.1037/a0012772
- \*Ersner-Hershfield, H., Mikels, J. A., \*Sullivan, S. J., & Carstensen, L. L. (2008). Poignancy: Mixed emotional experience in the face of meaningful endings. *Journal of Personality and Social Psychology*, *94*(1) 158-167. doi: 10.1037/0022-3514.94.1.158
- \*Stevenson, R. A., Mikels, J. A., & James, T. W. (2007). Characterization of affective norms for English words by discrete emotional categories. *Behavior Research Methods*, *39*(4), 1020-1024. doi: 10.3758/BF03192999
- Carstensen, L. L., Mikels, J. A., & Mather, M. (2006). Aging and the intersection of cognition, motivation and emotion. In J. Birren & K.W. Schaie (Eds.) *Handbook of the Psychology of Aging*, San Diego: Academic Press. Sixth Edition. (pp. 343-362). doi: 10.1037/0882-7974.22.1.134

Reuter-Lorenz, P. A., & Mikels, J. A. (2006). The aging mind and brain: Implications of enduring plasticity for behavioral and cultural change. In P.B. Baltes, P.A. Reuter-Lorenz, & F. Roesler (Eds.), *Lifespan Development and the Brain: The Perspective of Biocultural Co-Constructivism*, New York: Cambridge University Press. (pp. 255-276).

Britton, J. C., Taylor, S. F., Berridge, K. C., Mikels, J. A., & Liberzon, I. (2006). Differential subjective and psychophysiological responses to socially and nonsocially generated emotional stimuli. *Emotion*, 6(1), 150-155. doi: 10.1037/1528-3542.6.1.150

Mikels, J. A., \*Larkin, G. R., Reuter-Lorenz, P. A., & Carstensen, L. L. (2005). Divergent trajectories in the aging mind: Changes in working memory for affective versus visual information with age. *Psychology and Aging*, 20(4), 542-553. doi: 10.1037/0882-7974.20.4.542

Carstensen, L. L. & Mikels, J. A. (2005). At the intersection of emotion and cognition: Aging and the positivity effect. *Current Directions in Psychological Science*, 14(3), 117-121. doi: 10.1111/j.0963-7214.2005.00348.x

Mikels, J. A., Fredrickson, B. L., \*Larkin, G. R., \*Lindberg, C. M., \*Maglio, S. J., & Reuter-Lorenz, P. A. (2005). Emotional category data on images from the International Affective Picture System. *Behavior Research Methods*, 37(4), 626-630. doi: 10.3758/BF03192732

Keller, M., Fredrickson, B., Ybarra, O., Côté, S., Johnson, K., Mikels, J., Conway, A. & Wager, T. (2005). A warm heart and a clear head: The contingent effects of weather on mood and cognition. *Psychological Science*, 16(9), 724-731. doi: 10.1111/j.1467-9280.2005.01602.x

Reuter-Lorenz, P. A. & Mikels, J. A. (2005). A split-brain model of Alzheimer's disease? Behavioral evidence for comparable intra and inter hemispheric decline. *Neuropsychologia*, 43(9), 1307-1317. doi: 10.1016/j.neuropsychologia.2004.12.007

Mikels, J. A. & Reuter-Lorenz, P. A. (2004). Neural gate keeping: The role of interhemispheric interactions in resource allocation and selective filtering. *Neuropsychology*, 18(2), 328-339. doi: 10.1037/0894-4105.18.2.328

Yoon, C., Feinberg, F., Luo, T., Hedden, T., Gutches, A. H., Chen, H. M., Mikels, J. A., Jiao, S., & Park, D. C. (2004). A cross-culturally standardized set of pictures for younger and older adults: American and Chinese norms for name agreement, concept agreement, and familiarity. *Behavior Research Methods, Instruments, & Computers*, 36(4), 639-649. doi: 10.3758/BF03206545

Park, D. C., Welsh, R. C., Marshuetz, C., Gutches, A. H., Mikels, J., Polk, T. A., Noll, D. C., & Taylor, S. F. (2003). Working memory for complex scenes: Age differences in frontal and hippocampal activations. *Journal of Cognitive Neuroscience*, 15(8), 1122-1134. doi: 10.1162/089892903322598094

Park, D. C., Polk, T., Mikels, J. A., Taylor, S., & Marshuetz, C. (2001). Cerebral aging: The integration of behavioral and neurobiological models of cognitive function. *Dialogues in Clinical Neuroscience*, 3, 151-165.

## **OTHER MANUSCRIPTS**

---

Maglio, S. J., & Mikels, J. A. (under review). Implementing intuitive decisions.

Mikels, J. A. (under review). Aging and integrated processing: Age differences in intuitive and analytic decision processes.

Mikels, J. A., Shuster, M. M., & Thai, S. T. (under review). The positive side of negativity: Negative affect eliminates framing-related decision biases.

\*Neustadter, E., & Mikels, J. A. (under review). Political ideology and support for government funded health care: The roles of thinking styles and executive function in the judgments of older adults.

\*DeFraine, W. C., Mikels, J. A., & Dagenbach, D. (in preparation). Affective valence in working memory for emotion.

Mikels, J. A., Reuter-Lorenz, P. A., & Fredrickson, B. L. (in preparation). Working memory for emotion? The neural substrates of emotion maintenance.

\*Chue, A., & Mikels, J. A. (in preparation). Loneliness and wellbeing in young and older adulthood.

\*Kircanski, K., Mikels, J. A., & Carstensen, L. L. (in preparation). Experiencing art: A comparison between younger adults' and older adults' responses to paintings.

## INVITED ADDRESSES AND SYMPOSIA

---

Mikels, J. A., Carstensen, L. L. Life-span Differences in Risk-Based Judgments and Decision Making. Symposium at the Gerontological Society of America Annual Scientific Meeting, New Orleans, LA, November, 2013.

Mikels, J. A. & Shuster, M. The Role of Emotion and Risk Perception in Decision Making Across the Adult Life Span. Invited Talk, Department of Psychology at the University of Michigan, Decision Consortium Conference, May, 2013.

Mikels, J. A. The Interplay of Emotion and Cognition: Adult Life-span Differences in Decision Making Processes. Invited Overview Talk for the Decision Making Symposium, Cognitive Aging Conference, Atlanta, GA, April, 2012.

Mikels, J. A. The Positive Side of Aging: Age-related Changes in Emotion-Cognition Interactions. Invited Talk, West Suburban Senior Services, Chicago, December, 2011.

Mikels, J. A. Following Your Heart or Your Head: Age Differences in Affective versus Deliberative Processes. Invited Talk, Social Psychologists of Chicago, May, 2011.

Mikels, J. A. The Interplay of Emotion and Cognition: Adult Life-span Differences in Decision Making Processes. Invited Talk, University of Illinois – Champaign-Urbana, March, 2011.

Mikels, J. A. The Positivity Effect: Age-related Changes in Emotion, Cognition, and Motivation. Invited Talk, Department of Psychology at the University of Michigan, December, 2010.

Mikels, J. A. The Positive Side of Aging. Invited Talk, Department of Psychology at Tulane University, October 2009.

Mikels, J. A. Age-Related Changes in Decision Making. Chair of Symposium at the Gerontological Society of America Annual Scientific Meeting, Atlanta, GA, 2009.

Mikels, J. A. & Reyna, V. F. Risk Perception and Risk Taking. Co-chair of Symposium at the Association for Psychological Science Annual Scientific Meeting, San Francisco, CA, 2009.

Mikels, J. A. The Lifespan Intersection of Psychology, Economics, and Neuroscience. Chair of Symposium at the Association for Psychological Science Annual Scientific Meeting, Chicago, IL, 2008.

Mikels, J. A. The Positive Side of Aging: Changes in Emotion-Cognition Interactions Across the Lifespan. Invited Talk, Department of Psychology at Syracuse University, April 2008.

Mikels, J. A. The Application of Age-Related Emotional Memory Effects to the Broader Context of Decision Making. Invited talk presented in "Aging, Memory, and Emotions," Symposium at the Annual Meeting of the Eastern Psychological Association, Boston, MA, March 2008.

Mikels, J. A. The Positive Side of Aging. Invited talk at the President's Council of Cornell Women Annual Meeting, March 2008.

Mikels, J. A. The Positive Side of Aging. Cornell Cooperative Extension System-wide Conference Epsilon Sigma Phi Keynote Speaker, November 2007.

Mikels, J. A. The Positive Side of Aging. Invited talk at the Cornell Cooperative Extension Human Development Research Update, June 2007.

Mikels, J. A. The Positive Side of Aging: Changes in Emotion-Cognition Interactions Across the Lifespan. Human Development Brownbag Series, Cornell University, April 2007.

Larkin, G. R., Mikels, J. A., & Carstensen, L. L. The Affective Neuroscience of Aging. Symposium held at the Gerontological Society of America Annual Scientific Meeting, Dallas, TX, 2006.

Mikels, J. A. The Positive Side of Aging: Changes in Emotion-Cognition Interactions Across the Life Span. Psychology Colloquium Series, Cornell University, September 2006.

Mikels, J. A., Loeckenhoff, C., Maglio, S., Goldstein, M., Garber, A., & Carstensen, L. L. Going with your Gut Feeling? Age Differences in the Affective versus Cognitive Processing of Healthcare Information. Paper presented in "Emotion and Cognition," Symposium at the Cognitive Aging Conference, Atlanta, GA, 2006.

Mikels, J. A., Carstensen, L. L., & Park, D. C. The Developmental Trajectory of the Positivity Effect. Symposium at the Gerontological Society of America Annual Scientific Meeting, Orlando, FL, 2005.

Ersner-Hershfield, H. & Mikels, J. A. Emotional Complexity across the Lifespan. Symposium at the Gerontological Society of America Annual Scientific Meeting, Orlando, FL, 2005.

Mikels, J. A., Reuter-Lorenz, P. A., & Fredrickson, B. L. Dissociable Prefrontal and Limbic Correlates of Affective Working Memory. Paper presented in "Cognition-Emotion Interactions and the Prefrontal Cortex," Symposium at the International Society for Behavioural Neuroscience Annual Meeting, St. Kitts (West Indies), 2005.

Mikels, J. A., Carstensen, L. L., & Hess, T. M. Socioemotional Influences on the Aging Mind. Symposium at the Gerontological Society of America Annual Scientific Meeting, Washington, DC, 2004.

Mikels, J. A. Hold on to that Feeling: Integrative Studies of Emotion and Memory from a Cognitive Neuroscience Perspective. Natural Science Colloquia Series, Illinois Wesleyan University, April 2003.

Mikels, J. A. Positive Emotions and Affective Working Memory. Positive Psychology Summer Institute, June 2002.

## **CONFERENCE PRESENTATIONS**

---

\*Shuster, M. M., \*Thai, S. T., & Mikels, J. A. The Role of Emotion and Risk Perception in Decision Making across the Adult Life Span. Paper presented at the Gerontological Society of America Annual Scientific Meeting, New Orleans, LA, November, 2013.

\*Shuster, M. M., \*Billitteri, J., \*Thai, S. T., & Mikels, J. A. Influence of Framing on Judgments of Risk, Affect, & Intentions. Poster presented at the Midwestern Psychological Association Annual Meeting, Chicago, IL, 2013.

\*Thai, S. T., \*Hardy, L. N., & Mikels, J. A. Promoting Preventative Behaviors: An Exploration of Message Framing on Exercise and Nutrition. Paper presented at the Midwestern Psychological Association Annual Meeting, Chicago, IL, 2013.

Mikels, J. A., \*Cheung, E., \*Cone, J., & Gilovich, T. Adult Age-Related Shifts Toward Intuitive Decision Making Can Lead to Non-Optimal Decisions. Poster presented at the Association for Psychological Science Annual Scientific Meeting, Chicago, IL, 2012.

\*Hardy, L., & Mikels, J. A. Intuitive and Rational Processes in Younger and Older Adults. Poster presented at the Association for Psychological Science Annual Scientific Meeting, Chicago, IL, 2012.

\*Johnson, J. T., \*Wehbi, A. K., \*Shuster, M. M., & Mikels, J. A. The Relationship Between Conflict and Non-Optimal Decision Making. Poster presented at the Association for Psychological Science Annual Scientific Meeting, Chicago, IL, 2012.

\*Hardy, L., & Mikels, J. A. Integrating the Heart and the Head: Age-related Increase in Synchronized Decision Processing. Poster presented at the Cognitive Aging Conference, Atlanta, GA, April, 2012.

Mikels, J. A. & \*Neustadter, E. Political Ideology and Support for Government Funded Health Care: The Roles of Thinking Styles and Executive Function in the Judgments of Older Adults. Poster presented at the Northwestern University, Feinberg School of Medicine, Buehler Center on Aging, Health & Society, John & Gwen Smart Symposium, Chicago, IL, 2011.

\*Perna, M. J., \*Hardy, L., & Mikels, J. A. Losses Do Not Loom Large Later in life: Evidence for a More Balanced Framing Effect in Older Adults. Poster presented at the Northwestern University, Feinberg School of Medicine, Buehler Center on Aging, Health & Society, John & Gwen Smart Symposium, Chicago, IL, 2011.



\*Cheung, E. O. & Mikels, J. A. I'm Feeling Lucky: The Relationship Between Affect and Risk-seeking in the Framing Effect. Poster presented at the conference of the Society for Personality and Social Psychology, San Antonio, TX, 2011.

Mikels, J. A. When Enough Is Enough: The Decreased Value of Choice in Later Life. Poster presented at the Northwestern University, Feinberg School of Medicine, Buehler Center on Aging, Health & Society, John & Gwen Smart Symposium, Chicago, IL, 2010.

Cooper, S., Gard, D. E., Pence, S., Mahayni, A., Woo, J., Mikels, J. A., Fisher, M., & Vinogradov, S. Evidence for an Affective Maintenance Deficit in Schizophrenia: Implications for Understanding Amotivation. Poster presented at the Association for Psychological Science Annual Scientific Meeting, Boston, MA, 2010.

Mikels, J. A. Choice Across the Adult Life Span. Paper presented at the Gerontological Society of America Annual Scientific Meeting, Atlanta, GA, 2009.

Mikels, J. A., & Reed, A. E. Monetary Losses Do Not Loom Large in Later Life: Evidence for a More Balanced Framing Effect in Older Adults. Poster presented at the Association for Psychological Science Annual Scientific Meeting, San Francisco, CA, 2009.

Mikels, J. A., & Reed, A. E. Losses Do Not Loom Large in Later Life: Evidence for an Asymmetric Framing Effect in Older Adults. Paper presented at the Gerontological Society of America Annual Scientific Meeting, Washington, DC, 2008.

\*Reed, A. E., & Mikels, J. A. Aging, Choice, and Wisdom: Older Adults Express Reduced Desire But Enhanced Intuitions About Choice. Poster presented at the Association for Psychological Science Annual Scientific Meeting, Chicago, IL, 2008.

Mikels, J. A., & Reed, A. E. When the Going Gets Tough, Go With Your Gut: Focusing on Affect Improves Complex Decision Making. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Albuquerque, NM, 2008.

Reed, A. E., Mikels, J. A., & Simon, K.I. 31 Flavors? No Thanks: Older Adults Prefer Less Choice than Younger Adults. Poster presented at the Judgment and Decision-Making Pre-Conference for the Society of Personality and Social Psychology Annual Meeting, Albuquerque, NM, 2008.

Mikels, J. A. Act with Your Heart: Affective versus Cognitive Decision Strategies Across the Life Span. Paper presented in "The influence of age-related changes in cognition and emotion on decision making," Symposium at the Gerontological Society of America Annual Scientific Meeting, San Francisco, CA, 2007.

Mikels, J. A., Reed, A. E., & Maglio, S. J. Act with Your Heart: Affective Decision Strategies Improve Complex Decision-Making. Poster presented at the Association for Psychological Science Annual Scientific Meeting, Washington, DC, 2007.

\*Reed, A. E., Mikels, J. A., & Maglio, S. J. Undaunted by Choice: Decision Complexity Enhances Satisfaction, Regardless of Strategy. Poster presented at the Association for Psychological Science Annual Scientific Meeting, Washington, DC, 2007.

\*Reed, A. E., Mikels, J. A., & Maglio, S. J. Act with Your Heart, not with Your Head: Affective Processing Improves Complex Decision-Making. Poster presented at the conference of the Society for Personality and Social Psychology, Memphis, TN, 2007.

Mikels, J. A., Loeckenhoff, C., Maglio, S. J., Goldstein, M. K., Garber, A., & Carstensen, L. L. When Going with Your Gut Pays Off: Choice Quality in Older Adults Improves When Decisions Are Based on Feelings. Poster presented at the conference of the Society for Personality and Social Psychology, Memphis, TN, 2007.

\*Maglio, S. J., & Mikels, J. A. Evaluation Without Memorization: Intuitive Decision Processes Rely Less on Working Memory Than Analytic Decision Processes. Poster presented at the conference of the Society for Personality and Social Psychology, Memphis, TN, 2007.

Mikels, J. A., Larkin, G. R., Reuter-Lorenz, P. A., & Carstensen, L. L. Age differences in affective working memory: Prefrontal contributions to the positivity effect in older adults. Paper presented at the Gerontological Society of America, Dallas, TX, 2006.

\*Maglio, S. J., Mikels, J. A., Loeckenhoff, C., Goldstein, M. K., Garber, A., & Carstensen, L. L. Aging and Decision Making: Affective versus Cognitive Processing of Healthcare Information. Poster presented at the Gerontological Society of America, Dallas, TX, 2006.

Robertson, E., Mikels, J. A., Maglio, S.J., Carstensen, L. L., & Gotlib, I. Emotion Regulation and Selective Attention in Older Adults. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Dallas, TX, 2006.

Sullivan, S. J., Mikels, J. A., & Carstensen, L. L. Older Adults Demonstrate Superior Affective Perspective-Taking Abilities Relative to Younger Adults. Poster presented at the Association for Psychological Science Annual Scientific Meeting, New York, NY, 2006.

\*Kircanski, K., Mikels, J. A., & Carstensen, L. L. Experiencing Art Across the Life Span: Emotion Regulation in Everyday Life. Poster presented at the Association for Psychological Science Annual Scientific Meeting, New York, NY, 2006.

Mikels, J. A., Larkin, G. R., Reuter-Lorenz, P. A., & Carstensen, L. L. Age differences in affective working memory: Prefrontal contributions to the positivity effect in older adults. Poster presented at the Meeting of the Cognitive Neuroscience Society, San Francisco, CA, 2006.

Mikels, J. A., Reuter-Lorenz, P. A., Fredrickson, B. L., & Carstensen, L. L. Working memory for emotion: A promising construct at the interface of emotion and cognition. Poster presented at the Emotion Pre-conference at the conference of the Society for Personality and Social Psychology, Palm Springs, CA, 2006.

\*Maglio, S. J., Mikels, J. A., & Carstensen, L.L. Emotion, Attention, and Aging: A Potential Emotion Regulatory Account of the Age-related Positivity Effect. Poster presented at the conference of the Society for Personality and Social Psychology, Palm Springs, CA, 2006.

\*Maglio, S. J., Mikels, J. A., Ersner-Hershfield, H., & Carstensen, L. L. Time perspective drives attentional biases: The positivity effect and meditation. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Orlando, FL, 2005.

Fredrickson, B. L., Brown, S., Cohn, M. A., Conway, A., & Mikels, J. Positive emotions build personal resources and predict future well-being. Poster presented at the conference of the Society for Personality and Social Psychology, New Orleans, LA, 2005.

\*Lindberg, C., Carstensen, L., & Mikels, J., & Tsai, J. Age differences in memory for emotional stimuli: Can the dimension of arousal inform the positivity effect? Poster presented at the conference of the Society for Personality and Social Psychology, New Orleans, LA, 2005.

Mikels, J. A. & Larkin, G. R. Divergent trajectories in the aging mind: Cognitive decline relative to affective preservation in working memory. Paper presented in "Socioemotional Influences on the Aging Mind," Symposium at the Gerontological Society of America Annual Scientific Meeting, Washington, DC, 2004.

\*Ersner-Hershfield, H., Mikels, J.A., & Carstensen, L.L. Time perspective influences the experience of poignancy. Paper presented in "Evidence for the Prioritization of Emotional Well-being in Old Age," Symposium at the Gerontological Society of America Annual Scientific Meeting, Washington, DC, 2004.

Ram, N., Odgers, C., Mikels, J., Carstensen, L., Nesselrode, J. R. Using dynamic factor analysis to examine age-related changes in the structure of emotional experience. Paper presented in "Methodological Approaches to the Study of Age Differences in Intraindividual Variability," Symposium at the Gerontological Society of America Annual Scientific Meeting, Washington, DC, 2004.

\*Kircanski, K., Mikels, J. A., & Carstensen, L. L. Experiencing art: A comparison between younger adults' and older adults' responses to paintings. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Washington, DC, 2004.

Mikels, J.A., Reuter-Lorenz, P.A., & Fredrickson, B.L. Dissociable orbitofrontal and limbic correlates of affective working memory. Poster presented at the Society for Neuroscience Annual Meeting, San Diego, CA, 2004.

Mikels, J.A., Larkin, G.R., Reuter-Lorenz, P.A., & Carstensen, L.L. Preservation of online emotional processing capacity in the aging mind. Poster presented at the American Psychological Association Annual Convention, Honolulu, HI, 2004.

\*Ersner-Hershfield, H., Mikels, J.A., & Carstensen, L.L. Time perspective influences the experience of poignancy. Poster presented at the American Psychological Association Annual Convention, Honolulu, HI, 2004.

Mikels, J.A., & Reuter-Lorenz, P.A. Mechanisms for emotion maintenance: A prefrontal dissociation of "affective" from "cognitive" working memory. Poster presented at the Meeting of the Cognitive Neuroscience Society, San Francisco, CA, 2004.

Fredrickson, B. L., Brown, S. Cohn, M. A., Conway, A. Crosby, C. McGivern, M., & Mikels, J. Finding positive meaning and experiencing positive emotions builds resilience. Paper in S. Brown & K. J. Johnson (co-chairs), The Functional Significance of Positive Emotions, symposium presented at the Society of Personality and Social Psychology, Austin, Texas, 2004.

Cohn, M. A., Fredrickson, B. L., Brown, S., Conway, A., Crosby, C., McGivern, M., Mikels, J. Speaking of personal growth: Linguistic markers of cognitive broadening and social support. Poster presented at the conference of the Society for Personality and Social Psychology, Austin, TX, 2004.

Mikels, J.A., Reuter-Lorenz, P.A., & Fredrickson, B.L. Hold on to that feeling: An empirical analysis of affective working memory. Poster presented at the Meeting of the Psychonomic Society, Vancouver, British Columbia, November 2003.

Reuter-Lorenz, P.A., & Mikels, J.A. The aging brain: Implications of enduring plasticity for behavioral and cultural change. Paper presented at Brain, Mind, and Culture: From Interactionism to Biocultural Co-Constructivism, Berlin, Germany, August 2003.

Mikels, J.A., & Reuter-Lorenz, P.A. Neural gate keeping: The corpus callosum and attention. Poster presented at the Cognitive Neuroscience Society Meeting, New York City, NY, April 2003.

Larkin, G., Mikels, J., Lindberg, C., Fredrickson, B., & Reuter-Lorenz, P. Finding categories in dimensions: Behavioral and psychophysiological insights for an integrative account of emotional structure. Poster presented at the NYAS Emotions Inside Out: 130 Years After Darwin's The Expression of the Emotions in Man and Animals conference, New York City, NY, November 2002.

Park, D., Welsh, R., Marshuetz, C., Mikels, J., Gutches, A., Polk, T., Taylor, S. Age differences in the maintenance and retrieval of pictures in working memory. Poster presented at the Meeting of the Cognitive Neuroscience Society, San Francisco, CA, 2002.

Mikels, J.A. & Reuter-Lorenz, P.A. Disconnection deficits in Alzheimer's disease? Behavioral measures of callosal function. Poster presented at the Society for Neuroscience Meeting, San Diego, CA, 2001.

Park, D.C., Marshuetz, C., Welsh, R.C., Hall-Gutches, A., Mikels, J.A., Noll, D., Polk, T., & Taylor, S.F. The effects of age on patterns of neural activity when performance is matched: An event-related fMRI study of the maintenance of complex scenes in working memory in young and old adults. Poster presented at the Society for Neuroscience Meeting, San Diego, CA, 2001.

Park, D., Marshuetz, C., Gutches-Hall, A. H., Mikels, J., Welsh, R. C., Weiss, K. L., & Chenevert, T. L. Visual and imaginal encoding in recognition memory: An fMRI study. Poster presented at the Meeting of the Cognitive Neuroscience Society, San Francisco, CA, 2000.

Mikels, J.A., Hall-Gutches, A., Hedden, T., & Park, D.C. Aging and the control and maintenance of mental images. Poster presented at the Cognitive Aging Conference, Atlanta, GA, April 2000.

Mikels, J.A., Yoon, C., Hall, A., Jing, Q., Jiao, S., Cui, Y., Park, D.C., & Hedden, T. A cross-culturally standardized set of 260 pictures in older and younger adults: American and Chinese norms for name agreement and familiarity. Poster presented at the XVIth Biennial Meetings of the International Society for the Study of Behavioral Development, Beijing, China, July 2000.

Yoon, C., Mikels, J.A., Hall, A., Jing, Q., Jiao, S., Cui, Y., Park, D.C., & Hedden, T. Category norms as a function of age and culture: Comparisons of item responses to 108 verbal categories by younger and older adults in China and the USA. Poster presented at the XVIth Biennial Meetings of the International Society for the Study of Behavioral Development, Beijing, China, July 2000.

Shapiro, J. K., Mikels, J. A., Shapiro, L., Alper, J. A role for executive processes in HIV+ dementia. Poster presented at the Cognitive Neuroscience Society Meeting, Washington, D.C., April 1999.

Shapiro, J., Folkers, T., Goldfayn, A., King, A., & Mikels, J. Executive deficits in dementing illnesses. Poster presented at the Meeting of the Cognitive Neuroscience Society, San Francisco, CA, April 1998.

## TEACHING EXPERIENCE

---

Instructor, Psychology 242, Research Methods, Department of Psychology, DePaul University, Autumn Quarter 2010, Spring Quarter 2014

Instructor, Psychology 303, Human Development, Department of Psychology, DePaul University, Autumn Quarter 2010, Winter Quarter 2011, Spring Quarter 2011, Spring Quarter 2012, Winter Quarter 2013, Spring Quarter 2014

Instructor, Psychology 370/555, Social and Emotional Development, Department of Psychology, DePaul University, Winter Quarter 2011, Autumn Quarter 2011, Autumn Quarter 2012, Autumn Quarter 2013

Instructor, Psychology 554, Psychology of Adulthood and Aging, Department of Psychology, DePaul University, Winter Quarter 2012, Winter Quarter 2014

Instructor, Human Development 6110, Psychology of Emotion, Department of Human Development, Cornell University, Spring 2009

Instructor, Human Development 4220, Research in Emotion and Cognition, Department of Human Development, Cornell University, Fall 2008, Fall 2009

Instructor, Human Development 4180, Aging: Contemporary Issues, Department of Human Development, Cornell University, Spring 2007, Spring 2008, Spring 2010

Instructor, Human Development 2610, The Development of Social Behavior, Department of Human Development, Cornell University, Fall 2006, Fall 2007, Fall 2008, Fall 2009

Graduate Student Instructor, Psychology 340, Introduction to Cognitive Psychology, Department of Psychology, University of Michigan, Fall 2000

Graduate Student Instructor, Psychology 345, Human Neuropsychology, Department of Psychology, University of Michigan, Winter 2000, Winter 2001

## RESEARCH ADVISING EXPERIENCE

---

I am serving [or have served] as advisor for the following doctoral students:  
Michael Shuster (primary), M.A., 2011; Mark LeBeouf (reader), Ph.D., 2014; Michael Schutzenhofer (reader), M.A., 2014; Mark Brandt (reader), Ph.D., 2012; William DeFraine IV (primary), M.A., 2009; Andrew Reed (secondary), M.A., 2008, Ph.D., 2011; Daphna Ram (secondary), M.A., 2008, Ph.D., 2011; Steven Estrada (secondary), M.A., 2008, Ph.D., 2010

I am serving [or served] as thesis advisor for the following undergraduate honors and Masters students:

Ena Hadzimuratovic, B.A., 2012; Michael Perna, B.A., 2012; Eli Neustadter, B.A., 2011; Eugenie Lehembre-Shiah, B.A., 2011; Amanda Chue, B.A., 2010; Bradley Bogdan, B.A., 2010; Jamie Feigenbaum, B.A., 2009; Andrea Shamaskin, B.A., 2009; Elaine Cheung, B.A., 2009; Merisa Berger, B.A., 2008; Dara Polishkin, B.A., 2008; Hal Ersner-Hershfield, M.A., 2006; Katharina Kircanski, B.A., 2004; M.A., 2005; Sam Maglio, B.A., 2005; Sarah Sullivan, B.A., 2005; Frank Sotelo, B.A., 2005; Alicia Dantzker, B.A., 2005; Jonathan Beyer, B.A., 2003; Casey Lindberg, B.A., 2003; Gregory Larkin, B.A., 2002; Alison Gehle, B.A., 1999

## **SERVICE: OFFICES AND COMMITTEES**

---

DePaul University, Psychological Science Program Director	2014-present
Editorial Board of the Journal of Experimental Psychology: Applied	2011-present
DePaul University, Clinical Community Psychology Faculty Search Committee	2013-2014
DePaul University, Faculty Council, CSH alternate representative	2012-2014
DePaul University, McNair Scholars Program, Advisory Board	2011-present
DePaul University, Social Science Major Development Committee	2011-present
DePaul University, Social Psychology Faculty Search Committee	2011-2012
DePaul University, Psychology Department Grant Manager Search Committee	2012
DePaul University, Psychology Department Assessment Committee	2011-present
DePaul University, CSH Disaster Planning and Emergency Committee	2012-present
DePaul University, CSH Colloquium Committee	2011-present
Social Psychologists of Chicago Annual Conference, Co-organizer	2011
DePaul University, Creating Knowledge Social and Behavioral Science Board	2010-2011
DePaul University, Clinical Psychology Program Grievance Committee	2010-present
American Psychological Association, Division 20 Executive Board (Education)	2009-2013
Kott Gerontology Institute, Board of Directors & Founding Board Member	2012-present
Northwestern University, Buehler Center on Aging, Health & Society, Member	2012-present
Cornell University, Human Development, Undergraduate Education Committee	2007-2010
Cornell University, Human Development, Faculty Senate Representative	2007-2010
Association for Psychological Science, Annual Meeting Program Committee	2006-2009
Cornell University, Human Development, Faculty Search Committee	2007-2008
University of Michigan, Department of Psychology, Executive Committee	2002-2003
University of Michigan, Graduate Student Recruitment Committee	2003
University of Michigan, Department of Psychology, Faculty Departmental Associate	2001-2003
University of Michigan, Psi Chi, Psychology National Honors Society, Advisor	2001-2003
University of Michigan, Department of Psychology, Admissions Committee	2001, 2002
University of Michigan, Department of Psychology, Student Chair, Forum Organizing Committee	1998-1999

## **SERVICE: AD-HOC REVIEWER**

---

Journal of Experimental Psychology: General; American Psychologist; Journal of Experimental Psychology: Applied; Current Directions in Psychological Science; Perspectives in Psychological Science; Psychological Science; Psychology and Aging; Journal of Personality and Social Psychology; Developmental Psychology; Emotion; Journal of Gerontology: Psychological Science; Journal of Experimental Social Psychology; Journal of Cognitive Neuroscience; Cognitive, Affective, & Behavioral Neuroscience; Journal of Experimental Psychology: LMC; Cognition and Emotion; Cortex; Aging, Neuropsychology, and Cognition; Motivation and Emotion; Behavior Research Methods; Neuropsychological Rehabilitation

## PROFESSIONAL AFFILIATIONS

---

Gerontological Society of America  
American Psychological Association, Division 20  
Association for Psychological Science  
Society for Personality and Social Psychology  
Cognitive Neuroscience Society  
Psychonomic Society, Associate Member  
International Society for Behavioural Neuroscience  
Society for Neuroscience

## AWARDS & RECOGNITIONS

---

State University of New York Chancellor's Award for Excellence in Teaching	2010
Faculty Inductee to Kappa Omicron Nu Honors Society	2008
International Positive Psychology Summit First Place Poster Award	2004
Marquis Outstanding Dissertation Award – Honorable Mention	2003
Positive Psychology Summer Institute Fellowship	2002
University of Michigan, Outstanding Graduate Student Instructor Award	2001
University of Michigan, Social Psychology Training Grant	2001-2003
Positive Psychology Summit Travel Fellowship, Washington D.C.	2001, 2002, 2004
Summer Institute in Cognitive Neuroscience Fellow, Dartmouth	2001, 2002
Social Cognitive Neuroscience Meeting Travel Fellowship, UCLA	2001
University of Michigan, Department of Psychology Research Fellowship	1998-2001
Illinois Wesleyan University Outstanding Senior Award	1998